



Coordinator's Corner

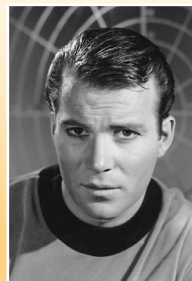
Any *Star Trek* fan will recognize the Kobayashi Maru. This was a training exercise in the fictional *Star Trek* universe designed to test the character of Starfleet Academy cadets in a no-win scenario.

We seem to have our own version of that, when it comes to plans to evacuate the extreme elderly, infirm or disabled. Time and time again we see death tolls skewed toward this group. I have been part of many discussions and planning sessions aimed at changing these results. There have been some positive initiatives, but no magic solutions have been found and the conditions during any emergency just don't favor, even a formidable force of responders attempting to provide evacuation assistance to those in need. Thousands of people heading for the exits make it difficult, if not impossible, for responders to make their way into the area under evacuation.

As Captain Kirk realized, maybe it was time to change the scenario to create more opportunities to win.

When all is said and done, the real successes are going to come from within the evacuation zone. With a little thought, we all know someone on our block or in our neighborhood who would realize the ultimate benefit from an early warning and perhaps a plan to get help. I am not suggesting that anyone delay their evacuation or take additional risk. Just plan better and start earlier. A thousand people outside the evacuation won't have near the success of 100 people inside the evacuation zone.

- Craig Ufferheide, *CERT Coordinator*



*What would
Captain Kirk do?*

REFRESH YOUR SKILLS

All CERT graduates can attend the CERT Basic Training classes, starting on April 29, for free. Let us know which classes you want to attend, by sending an email with your name and class dates to CambriaCERT@gmail.com. Use the subject: **CERT Basic Refresher**.

If you would like to fortify your skills to recognize and escape from disaster situations, as well

as practice some light S&R skills, sign up for the free 12 hour (2 day) FEMA "Surviving Disaster" training, starting on May 15. Send your name with the subject: **Surviving Disaster** to CambriaCERT@gmail.com and we will provide a registration link and instructions.

Reference the All-CERT emails you should have received on both these courses.

Coming Up

- 04/15 CERT Quarterly Mtg.**
Overview of Canine SAR Protocols
- 04/20 HAM Training & License in One Day**
<http://www.w6nbc.com/>
- 04/29 CERT Basic Training Class #1**
- 05/01 CERT Basic Training Class #2**
- 05/06 CERT Basic Training Class #3**
EROICA Bike Ride Day #1 (HAM support)
- 05/07 EROICA Bike Ride Day #2 (HAM support)**
- 05/08 CERT Basic Training Class #4**
- 05/13 CERT Basic Training Class #5**
- 05/15 CERT Basic Training Class #6**
FEMA Surviving Disaster Day #1
- 05/16 FEMA Surviving Disaster Day #2**
- 05/18 Cambria Preparedness Expo (time TBD)**
- 05/22 SLO-ECC (HAM) Meeting**
- 05/TBS Spring Comm Check**
- 07/15 CERT Quarterly**

A Site of Our Own

The final building block for making sure we can reach the different segments of our community is currently going in place.

We have always had a telephone contact (927-6240) through Cambria Fire. Thanks to Gail Stevens, we have the CERT newsletter. Google™ makes it easy to have our own email address at CambriaCERT@gmail.com. Jackie Hogan has provided us a near real-time Cambria status tool: www.facebook.com/CambriaCERT/ and now Jackie has taken the next step by creating a Cambria CERT website at www.CambriaCERT.com. Although we are still in the

process of populating the site, you can already find useful information regarding what CERT is all about, what classes are scheduled and other important announcements.

You can now access all our Standard Operating Guidelines and preparedness checklists online and there will be more to follow. We will let you know as information is added, but keep an eye on the site as it grows.

Many thanks to those who make this all possible.

CCSD Preparedness Website

In addition to our new Cambria CERT website, there is a parallel

effort to create the Preparedness Website uniquely for Cambria and surrounding areas. This site is sponsored by CCSD and Chief Hollingsworth is taking the lead for managing the development.

We are working to integrate the CERT and CCSD sites so that the CCSD site will be the go-to site for the community to sign up for alerts and sites to monitor. The CERT site will provide that additional level of information and training for those who wish to dig deeper into self reliance or those who wish to become a CERT Responder. The two sites will cross reference each other. A "North Coast Emergency Preparedness" test site should be available soon.

Update Since September 2018

- 10/03/18: Wireless Emergency Alert (WEA) test
- 10/15/18: CERT Quarterly – Refresh Exercises
- 10/18/18: Great Shakeout HAM Exercise – Monterey & SLO County
- 11/05/19: CCC awards CERT grant money for deployable packet radio system
- 11/12/18: CERT Fall Comm. Exercise – 62 Check-ins
- 11/26/18: CERT Program Manager Training (day 1 of 2) at Camp SLO
- 11/28/18: CERT Train the Trainer Classes (day 1 of 3) at Camp SLO
- 12/10/18: Camp Fire Volunteer Request
- Jan 2019: The rain returns
- 01/21/19: CERT Quarterly - Chief Knuckles talks about the Thomas and Camp Fires
- 02/06/19: Cambria Fire Station flooded – ECC-12 disabled
- CERT implements contingency procedures for HAM radio



American Red Cross

Each year, the President declares March as Red Cross Month.

This month, the American Red Cross celebrates the heroic acts of everyday civilians. Take steps to become more prepared by taking part in an activity during Red Cross Month:

Give blood - Blood donations help your neighbors and prepare communities for disasters. One donation can even help save up to 3 lives. This year, the American Red Cross is partnering with Game of Thrones™ to encourage potential donors to Bleed for the Throne. For more details and to find out if you are eligible to give, visit redcrossblood.org.

Take a class - Be prepared by training in a variety of different classes. Topics include first aid, CPR, Automated External Defibrillator (AED), life guarding, and more! Visit redcross.org/take-a-class for more information.

Volunteer - The vital work of the American Red Cross is made possible by people who contribute their unique skills. Contact your local Red Cross chapter to explore ways to volunteer.

Whether you donate funds, blood, or time, your support helps people across the country prepare for and respond to emergencies. Visit www.redcross.org or find your local American Red Cross chapter to learn more!



RADIO Corner

HAM Byte #1

Can you spare 10 minutes per week? That is about what it takes for you to make the weekly HAM net check-in.

What can you gain by doing this every week?

- You can verify that your equipment is working and ready to respond in an emergency.
- We practice responding to a Net Control
- You get familiar with others participating in the Cambria network
- The designated Net Control gets to practice calling into the County network (as in an emergency) to report our participation
- We can verify that we can send and receive data on the Packet Radio Network

It's 10 minutes well spent! Set your alarms for 1930 tonight.

HAM BYTE #2

What frequencies should you have on your HAM radios for emergencies? *Need to talk to another HAM in Cambria?*

- CAMBRIA Primary: 147.270 MHz, + Offset, CTCSS tone: 127.3 Hz (location: local Cambria)
- CAMBRIA Secondary: 146.620 MHz, - Offset, CTCSS tone: 127.3 Hz (location: Rocky Butte, San Simeon)

Need to talk on the County EOC Network?

- SLO County EOC: 146.670 MHz, - Offset, CTCSS tone: 127.3 Hz (Tassajara Peak, SLO)

Need to listen to the FEMA Emergency Channel?

- 138.225 MHz (listen only, unavailable in many radios due to design parameters)

New HAM Operator

Welcome to Margaret Jun, KM-6WKS (Park Hill) who recently passed her HAM exam and will soon be trying out her first HAM radio.

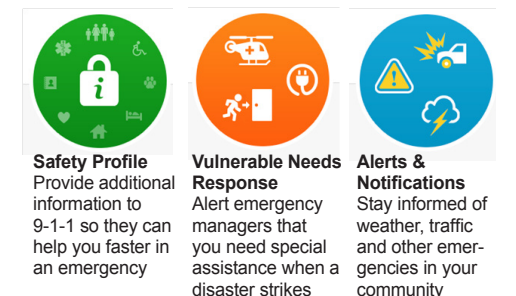
Additional Medium Range Radios

Thanks to SLO County Comm Tech, Leland Armitage, and Under Sheriff Jim Vogue, a number of radios, similar to our ICOM radios, have been obtained by the Sheriff's office and made available to Cambria CERT. These radios will be used to fill gaps where our short range FRS radios do not operate satisfactorily. To do this, we must first understand where our deficiencies are, so the next communications check will be focused on finding all those gaps.

Today, 9-1-1 Can't Find You

Over 80% of calls made to 9-1-1 come from mobile phones. When you dial 9-1-1 from a mobile phone, the 9-1-1 call takers have very little information to help you - only your phone number and a very general sense of your location. This is a serious problem in an emergency when seconds count, particularly if you or your loved ones have medical conditions, or are unable to safely speak.

The Solution is **Smart911**
Find out more at: <https://safety.smart911.com/how-it-works>



Winter Storm Emergency Checklist

Make sure you have adequate supplies on hand in case of storm outages. Print this and pick up what you need on your next shopping trip.

	Drinking water	<input type="checkbox"/>		Flashlights	<input type="checkbox"/>		Prescriptions	<input type="checkbox"/>
	Canned food	<input type="checkbox"/>		Battery-operated radio	<input type="checkbox"/>		Baby supplies	<input type="checkbox"/>
	Blankets, pillows and clothing	<input type="checkbox"/>		Battery-operated clock	<input type="checkbox"/>		Pet supplies	<input type="checkbox"/>
	Basic toiletries	<input type="checkbox"/>		Extra batteries	<input type="checkbox"/>		Cash and credit cards	<input type="checkbox"/>
	Basic first-aid supplies	<input type="checkbox"/>		Phone	<input type="checkbox"/>		Important documents	<input type="checkbox"/>

 pge.com/safety

Taken from FEMA website December 2018

The Federal Emergency Management Agency (FEMA) released the results from the 2017 National Household Survey (NHS). Every year, FEMA surveys the American public to find out how prepared they are for disasters. The NHS also looks at opinions and experiences which cause people to take steps to become more prepared.

The 2017 NHS results show that more Americans are actively preparing for disasters.

Ninety-two percent of people who took the survey said they took at least one step listed in the survey to prepare. That's two percent more than last year's results.

Forty-six percent took three or more actions to prepare.

Seventy-nine percent said they have enough supplies to go three days without electricity or running water.

Taking Action. A high percentage of people are taking at least

one action to prepare. Over 90% of respondents reported taking at least one of these preparedness actions - 46% took three actions. Seeking Information, talking with others about preparation, attending a meeting or training, Developing a household plan, Stocking Supplies, Taking part in a drill.

The NHS shows that there are a few main things which influence how likely people are to prepare for disasters. For example, people are more likely to be prepared if they have experience with disasters. Having good information influences people to prepare. Believing that the actions will help does too.

The NHS surveyed 5,042 American adults. 4,036 were asked questions about specific disasters like earthquakes, high heat, floods, hurricanes, tornadoes, wildfires, and winter storms.

For more information and the full list of results:

FEMA-prepare@fema.dhs.gov.

3 main mechanisms influence preparedness: awareness of

information, preparedness efficacy and experience with disasters.

AWARENESS of INFORMATION

40%

of respondents reported they have read, seen, or heard information about how to better prepare for a disaster

PREPAREDNESS EFFICACY

42%

of respondents reported they believe that preparing can help in a disaster and are confident in their abilities to prepare

EXPERIENCE with DISASTERS

43%

of respondents reported personal or familial experience with a disaster